



Nutrition and Dietetics
Associate Degree for Transfer (ADT)

TMC

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T) degree is intended for students planning to transfer into a Bachelor of Science program in Nutrition and Dietetics/Food Science or related areas at a California State University (CSU); guaranteeing admission to the system (but not to a specific campus), and priority consideration for admission to the equivalent CSU program. Students should consult with a counselor when planning to complete the degree for more information on university admissions and transfer requirements, as individual schools may require different or additional coursework to that listed for the AS-T in Nutrition and Dietetics. This degree complies with The Student Transfer Achievement Reform Act (Senate Bill 1440).

Name _____ Student ID _____ Date _____

Degree Requirements: 60 CSU transferable units with a 2.0 GPA. Major courses must be passed with a grade of "C" or better. Full completion of CSU IGETC or CSU GE is required. Complete additional CSU units, if needed, to reach 60 CSU transferable units.

CORE (15 units):		C	IP	N	OTHER
FAM & CS 021	Nutrition (3)				
PSYCH 001	General Psychology (3)				
CHEM 101	General Chemistry I (5)				
MICRO 020	General Microbiology (4)				

LIST A: Choose two (7-9 units):		C	IP	N	OTHER
CHEM 102	General Chemistry II (5)				
ANATOMY 001 or PHYSIOL 001	Introduction to Human Anatomy (4)				
	Introduction to Human Physiology (4)				
MATH 227 or MATH 227S or STAT 001 or STAT 001S	Statistics (4)				
	Statistics with Support (4)				
	Elementary Statistics I for the Social Sciences (3)				
	Elementary Statistics I for the Social Sciences with Support (3)				

LIST B: Choose one (3-5 units):		C	IP	N	OTHER
CLN ART 113	Culinary Skills I (3)				
CHEM 065	Introduction General Chemistry (4)				
CHEM 066	Organic and Biochemistry for Allied Health (5)				
CLN ART 117	Food Sanitation and Safety (3)				
CLN ART 123	Culinary Skills II (3)				

TOTAL UNITS FOR THE MAJOR: 25-29

General Education:		C	IP	N	OTHER
Full completion of GE required	CSU GE Breadth				
	CSU IGETC (Area 1C required, Area 6A LOTE not required)				
Note: Major courses may be double counted towards general education.		C	IP	N	OTHER
Completion of 60 CSU transferable units					

Update 05/08/2022 AO

C= Completed IP=In Progress N= Need

Associate Degrees for Transfer (ADT)
Important Information, Tips, & Resources for Students

WHAT IS AN ASSOCIATE DEGREE FOR TRANSFER?

The Student Transfer Achievement Reform Act (SB 1440/Padilla) established the Associate Degrees for Transfer (ADT) for California Community College students and is designed to provide a clear pathway to the CSU degree major. Depending on the major, students can pursue an Associate of Arts or an Associate of Science. ADT stands for Associate Degree for Transfer and is a degree designed to assist students in preparing for transfer to the CSU. Within the ADT program students can earn an AA-T (Associate in Arts for Transfer) or an AS-T (Associate of Science for Transfer). Earning an ADT gives California Community College students many benefits.

BENEFITS

- Receive priority admission to the CSU system
- Guaranteed admission with junior standing to a California State University
- Once at the CSU, complete a bachelor's degree with only 60 semester units (or 90 quarter)
- Receive a .1 to .2 GPA bump based on major and campus impaction

REQUIREMENTS

- Complete a minimum of 60 CSU transferable units
- Complete general education using the CSU GE or IGETC patterns
- Complete ADT major preparation courses with a "C" or higher
- Earn a minimum overall GPA of 2.0 in all CSU transferable courses

TIPS & RESOURCES

If you have any questions, always ask your counselor,(meet with a counselor at least once a semester).

1. To check if your major is deemed similar visit:
<https://www.calstate.edu/apply/transfer/Pages/associate-degree-fortransfer-major-and-campussearch.aspx>
2. If your major is impacted or competitive, as this does affect GPA and additional requirements, visit:
<https://www.calstate.edu/attend/impaction-at-the-csu> to learn more.
3. To review Major Specific Criteria on each CSU website and Assist.org.
4. ADT benefits may also apply to private universities and HBCU partner campuses.
5. In order to receive the ADT benefits you will need to petition to graduate preferably before March 15th to meet the CSU ADT E-verification deadline for fall transfer and October 31st for spring admissions.

Stay connected with the Transfer Center @lahctransfercenter on Instagram, Canva and our website:
<https://www.lahc.edu/student-services/transfer-center>

CSU Transfer Timeline Fall Application Oct. 1st – Nov. 30th
Spring Application Aug. 1st – Aug. 31st
Cal State Apply - <https://www.calstate.edu/apply>

Counselor Use Only

Access the C-ID system for standardized course information across California colleges at
<https://c-id.net/courses>