



March 11-17, 2024

Pável Acevedo Art Exhibition: *The shell in the clouds, Ma' Conch't Do'T Nub'T, El caparazón en las nubes*

March 11 - April 26

Art Gallery: Art Building ([view map](#))

The [LAVC Art Gallery](#) presents a new exhibition of new work by artist Pável Acevedo that explores and celebrates innate human rebelliousness, autonomy, and self-determination, inspired by the oral Zapotec stories and truths that were documented by Indigenous ancestors.

Mindfulness Monday: Zoom Meditations (Body Appreciation)

Monday, March 11 from 12-1 p.m.

Online (Zoom)

Join us for [Mindfulness Mondays: Zoom Meditations](#) focusing on body appreciation helps individuals in the favorable evaluation of appearance, body-related self-esteem, and various indicators of psychological well-being. Learn to center the mind, body, and spirit through guided meditations.

Transfer Workshops & University Reps

The Career Transfer Center is hosting college representatives and offering workshop to help you prepare to transfer.

[CSULA Representative](#)

Tuesday, March 12 from 10 a.m.-12 p.m.

Career/Transfer Center ([view map](#))

Do you want to meet a CSULA campus representative? Make an in-person appointment to learn about the admission process at California State University, Los Angeles.

[CSUN Representative](#)

Tuesday, March 12 from 10 a.m.-2 p.m.

Career/Transfer Center ([view map](#))

Do you want to meet a CSUN campus representative? Make an in-person appointment to learn about the admission process at California State University, Northridge!

[Grand Canyon University Representative](#)

Tuesday, March 12 from 10 a.m.-2 p.m.

Career/Transfer Center ([view map](#))

Interested in attending Grand Canyon University? An admission representative from Grand Canyon University will be on campus for any transfer related questions.

[CSUCI Representative](#)

Wednesday, March 13 from 10 a.m.-2 p.m.

Career/Transfer Center ([view map](#))

Interested in transferring to CSUCI? Make an on-site admission appointment to check eligibility for your Fall 2024 CSU application!

[Transfer 101 Workshop](#)

Thursday, March 14 from 11 a.m.-12 p.m.

Online (Zoom)

Learn about the process and requirements for CSUs, UCs and private schools. This workshop covers the different types of institutions you can transfer to and the tools you can use to guide you through the requirements for your specific major!

[Associate's Degree for Transfer Workshop](#)

Thursday, March 14 from 2-3 p.m.

Online (Zoom)

This workshop will explain the differences between an Associate's degree versus an ADT. We will provide deadline information regarding transferring. We will discuss what will be the next steps to obtaining your ADT-Degree.

Wellness Wednesdays: Take a Break with Us

Wednesday, March 13 from 12-2 p.m.

Monarch Square ([view map](#))

Join us for [Wellness Wednesdays](#) and find solace in the embrace of nature and discover the power of meditation in green spaces. We provide headphones with soothing sounds, a mat, an eye mask so you can hit pause on your day and improve your well-being.

Veteran Women Paint & Lunch

Wednesday, March 13 from 1-3 p.m.

Unity Center - CC 127 ([view map](#))

The Veterans Resource Center and Rainbow Pride Center will have a [Paint & Lunch workshop](#) in celebration of Women Veterans' Month. Students will be able to participate in a guided painting session led by Professor Amelia Borja.

Twilight Tutoring: Evening Study Lounge & Tutoring

Wednesday, March 13 from 6-10 p.m.

LARC 226 (2nd Floor of Library & Academic Resource Center) ([view map](#))

Need a place to study in the evenings with free coffee and snacks? Visit the ARC's Study Lounge for [Twilight Tutoring](#) with comfy chairs, couches, tables, and whiteboards. It's the perfect place to study or connect with a tutor for math, statistics, or writing!

Baseball vs. West LA & Softball vs. Antelope Valley

Thursday, March 14 at 2:30 p.m.

Baseball and Softball fields ([view map](#))

Baseball and Softball will host another Western State Conference double-header on Thursday, March 14 – both games will start at 2:30 p.m. Baseball will host West LA and the Softball team will host Antelope Valley. For more information, please visit [LAVC Athletics](#).

Mario Kart Tournament

Thursday, March 14 from 3:30-6:30 p.m.

Lion's Den Game Room - SU 207 ([view map](#))

Don't miss out on this exciting opportunity to connect with fellow students, and unleash your inner Mario Kart champion at the [ASU Mario Kart Tournament](#). Get ready to race – we'll see you at the starting line! Food for students who have paid their Spring \$10 ASO Fee.

Apply for an LAVC Foundation Scholarship

Application Deadline: March 15, 2024

The Valley College Foundation has over 250 Scholarships with over \$160,000 available! To apply: Log in to your [mycollege.laccd.edu Student Portal](#), click on the “Scholarship Tile”, and then click on “Login Here” next to the Student Log In. The application deadline is March 15, 2024. If you have questions, contact [foundation@lavc.edu](#) or call (818) 947-2619.

Now Enrolling in 2nd 8-Week Classes!

Take an extra class this Spring to help you finish faster! We've got in-person, online and hybrid classes that start later in the semester (“late-start”). Check our [Class Schedule page](#) for a list of Spring 2024 Late-Start classes. You can enroll using the [myCollege.laccd.edu Student Portal](#). If you need registration assistance, please contact our [Welcome Center](#).

Let the LAVC Welcome Center Help You

Got questions or not sure where to find something at Valley? Let our [Welcome Center](#) assist you! Drop in to get answers to your general questions and help registering on Monday-Thursday, 8 a.m.-7 p.m. & Friday, 8 a.m.-1 p.m. (except on holidays).

- **In-person assistance** - Welcome Center, 1st Floor of the Student Services Center (SSC) ([View campus map](#))
- **Chat live** - [Welcome Center Virtual Lobby \(craniumcafe.com\)](#)
- **Phone** - [\(818\) 938-8418](#) (press 1 for Welcome Center)

- Email - LAVCStudentSupport@laccd.edu
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Stay Ahead in Your Class—Connect with a Tutor Today!

The Academic Resource Center (ARC) provides free, award-winning online and in-person tutoring for English, math, statistics 101, and many other courses! Visit the [ARC's website](#) for hours, information, and additional resources.

Join the Monarch Passport Challenge!

Get ready to spread your wings and embark on an exciting journey with the Monarch Passport Challenge! By participating in a minimum of 10 activities or events, you'll not only enrich your college experience but also get a chance to win fantastic prizes! For more info, please email campuslife@lavc.edu.

Run for Student Council

The Associated Student Union is looking for students who want to be in student government for the 2024/2025 Academic Year. Student Government Reps get a monthly stipend and a notation on their transcript. It looks great on college applications! For more info and to apply, visit the [ASU Elections page](#) or email asu@lavc.edu. Deadline to apply is March 22, 2024 at 1PM.

Seize the Future: FREE AI Skills Training with Microsoft's LinkedIn Learning

Develop your skills for the next generation of careers with [Microsoft's FREE LinkedIn Learning course: Career Essentials in Generative AI](#). The first 500 students to take the course receive FREE access to LinkedIn's Premium Membership for one year (valued at \$360)! Don't wait to enroll, the program is only available through June 2024!

Upcoming Events

[Regain Your Balance: Let's Talk About Anxiety](#)

Thursday, March 21 from 1-2 p.m. in the SU 216

Chere Bushae, USC MSW intern, will present an information session on anxiety. Learn the definition, impact, and triggers of anxiety. Come away empowered with copings skills and techniques to reduce anxiety in your life.

[ASU Campus Clean-Up](#)

Monday, March 25 from 10-11:30 a.m. in the Student Union Plaza

Join us for a campus clean up to ensure that our campus remains clean! Food will be provided for paid ASO members! FREE food for students who have paid their Spring \$10 ASO Fee.

[Artist Reception for Pável Acevedo Art Exhibition](#)

Wednesday, March 27 from noon – 2 p.m. in the Art Gallery – Art building

The LAVC Art Gallery is hosting a reception with artist Pável Acevedo for his solo exhibition *The shell in the clouds, Ma' Conch't Do'T Nub'T, El caparazón en las nubes*. This event is presented in partnership with the LAVC Puente program.

[ASU Loteria Night](#)

Thursday, March 28 from 3-6 p.m. at Campus Center's Monarch Hall

Join us for an evening filled with laughter, snacks, and the classic game of Loteria. Dress up as your favorite Loteria card and immerse yourself in the excitement—don't miss out on this unforgettable event. FREE food for students who have paid their Spring \$10 ASO Fee

For a complete list of upcoming events, check the [LAVC Events Calendar](#).

LACCD encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation, or have questions about the physical access provided, please contact the event organizer listed in the link above as soon as possible, but no later than ten (10) business days prior to the event.